

2022 MSSWA Spring Conference

Check Option	Rate Type	Rate
	MSSWA Member Early Bird Rate (Postmarked by Jan 1 st , 2022)	\$100
	Non-Member Early Bird Rate (Includes MSSWA Membership, Postmarked by Jan 1 st , 2022)	\$165
	MSSWA Member Rate	\$135
	Non-Member Rate (Includes MSSWA Membership)	\$200
	Student Rate & Board Member Rate (Must include copy of school ID) (Rate available until Feb 14th, 2022)	\$65
	Related Service Professionals, School Psychologists, Administrators, Other Professionals (Does not include MSSWA Membership)	\$175
	After Feb 21st add \$15.00 late fee	\$15
	Total Enclosed	\$

Payment must accompany registration or additional fees will apply. Make checks payable to: MSSWA
(Please include name of attendee on check/P.O.)

Name _____

School _____

School District _____

Address _____

City, State, Zip Code _____

Email Address _____

Daytime Phone _____



2022 MSSWA VIRTUAL Spring Conference Information

Conference Questions?
Contact
Tony Porter
612-803-2722
mplstonyjoel@gmail.com
or
Dan Porter
danpporter@msn.com

Registration can be made directly online at:

<http://msswa.org/event-4560627>

Or

Send Registration & Payment to:
MSSWA, Attn: Tony Porter

762 Meyer St N
Maplewood, MN 55119
phone 612-803-2722

e-mail: mplstonyjoel@gmail.com

PLEASE NOTE THAT PAYMENT MUST BE RECEIVED BY FRIDAY, FEB 25TH, 2022 IN ORDER TO HAVE CONFERENCE LINK SENT TO REGISTRANTS.



www.msswa.org



762 Meyer Street North
Maplewood, MN 55119

**Minnesota School Social Workers Association
2022 Virtual Spring Conference**

Earn 6.5 Clinical Social Work CEUs

“DBT Skills, Tools and Techniques for School Settings”

Monday, February 28th, 2022
8:30 AM – 3:30 PM

Virtual Online Conference via Zoom
Sessions will be recorded with 30 days to view

2022 MSSWA Spring Conference: “DBT Skills, Tools and Techniques for School Settings”

Spring Conference Agenda

Monday, February 28th, 2022

8:15-8:30 Zoom logon opens

8:30-8:35 Welcome/Overview of the Day

8:35-11:15 **Keynote Presentation**

Dr. Lane Pederson, PSYD, LP, DBTC
DBT Skills, Tools and Techniques for School Settings

11:15-11:45 Lunch Break & Announcement of Don Rinkenberger Scholarship Winners, Career Achievement Award Winner, Outgoing/New MSSWA Officers

11:45-12:15 Lunch Break

12:15-12:30 Zoom logon opens

12:30-3:30 **DBT Skills, Tools and Techniques for School Settings: Continues**

3:30-3:45 Closing Remarks / Evaluation link and CEU's will be emailed post conference

6.5 CEU hours have been approved by the MN Board of Social Work for **Clinical Content**.

AM and PM sessions will be recorded and registrants will have 30 days post conference to view the recording and still receive CEU's.

Quickest and Easiest way to register is Online at:

<http://msswa.org/event-4560627>

Keynote Presentation

DBT Skills, Tools, and Techniques for School Settings

Dr. Lane Pederson, PSYD, LP, DBTC

Dialectical Behavior Therapy, or DBT, is a practical therapy approach that helps people overcome problem behaviors and live more skillful lives. Over the past 3 decades DBT has been used across a large number of treatment populations and settings, including with students of all ages in school settings.

In this training, international trainer and author Dr. Lane Pederson will share the skills, tools, techniques, and philosophies that will empower students, therapists, teachers and paraprofessionals to more skillful behaviors individually and as a school community.

You will learn:

1. Philosophies that promote working together towards better outcomes
2. Skills to regulate emotions, tolerate stress, and have better relationships
3. The best ways to change behaviors (that you don't need to be a therapist to use)
4. How to effectively consult with colleagues

Participants will be able to:

1. Practice the DBT assumptions and philosophies that promote effective treatment
2. Use strategies to help students regulate emotions
3. Teach distress tolerance techniques
4. Implement the most effective behavior change strategies
5. Learn how to use self-monitoring and behavior analysis tools
6. Establish consultative guidelines to increase collaboration



Dr. Lane Pederson, PSYD, LP, DBTC, has provided DBT training and consultation to over 20,000 professionals in the United States, Australia, South Africa, Canada,

Mexico and the Middle East through his training and consultation company, Lane Pederson and Associates, LLC (www.DrLanePederson.com). He has provided DBT training for community mental health agencies, chemical dependency treatment centers, hospital and residential care settings, and to therapists in forensic settings.

A real-world practitioner, Dr. Pederson co-owns Mental Health Systems, PC (MHS), one of the largest DBT-specialized practices in the United States with five clinic locations in Minnesota (www.mhs-dbt.com). At MHS Dr. Pederson has developed DBT programs for adolescents, adults, people with dual disorders, and people with developmental disabilities. He has served as clinical and training director, has directed practice-based clinical outcome studies, and has overseen the care of thousands of clients in need of intensive outpatient services.

Dr. Pederson currently serves on the advisory board for the doctoral counseling program at Saint Mary's University of Minnesota and is a peer reviewer for Forensic Scholars Today.



SAVE THE DATE!



MSSWA 2022 Day on the Hill
March 8, 2022 - Education Minnesota

MSSWA 2022 Summer Institute
June 13-15, 2022 – Chase on the Lake

MSSWA 2022 Fall Conference
November 14-15, 2022 - Hyatt Regency by Mall of America, Bloomington, MN