

Minnesota School Social Workers Association

2020 Annual MSSWA Fall Conference

“Navigating Change in Difficult Times: Community, Support and Collaboration”

October 26-29, 2020

Virtual via Zoom



All Sessions Recorded and Viewable Post Conference for 30 Days!

2020 MSSWA Fall Conference Objectives:

1. **Make connections** to further integrate school social work **values**
2. Build **skills** and **strategies** that will improve Pre-K - 12 **school outcomes**
3. Promote innovative, flexible and collaborative **practice** strategies
4. Gain **knowledge** and latest **research** in school modalities and related fields
5. Enhance understanding of different **educational supports** for students

Use Our Conference Hashtag

#msswa2020

To Network and Share The Great Work
We Do On Social Media

Earn Up to

28 CEUs!!

*Clinical, Ethics & Supervision
Sessions*

2020 Annual MSSWA Fall Conference
Minnesota School Social Workers Association (MSSWA)

Monday, October 26, 2020 8:15am—4:00pm	
8:15 am to 8:30 am	<i>Logon Opens for Keynote:</i>
8:30am to 10:30 am	Keynote: Navigating Change in Difficult Times: Having Dynamic and Authentic Conversations : Mari Ann Graham, PhD, LISW, MSW
10:30 am to 11:30 am	MSSWA Annual Meeting and Awards
11:30 am to 11:45 am	Break
SESSION 1	
11:45 am to 12:00 pm	<i>Logon Opens for Session 1</i>
12:00 pm to 2:00 pm	Integral Ethics for School Social Workers: Mari Ann Graham, PhD, LISW, MSW: <i>Breakout 1A Ethics Content</i>
12:00 pm to 2:00 pm	Igniting Social Emotional Learning through Mindfulness and Movement: Kathy Flaminio, MSW, LGSW, L-RYT-200: <i>Breakout 1B Clinical Content</i>
2:00 pm to 2:15 pm	Break
SESSION 2	
2:15 pm to 2:30 pm	<i>Logon Opens for Session 2</i>
2:30 pm to 4:00 pm	Beyond Talk: Strategies for Calming the Brain and Trauma Induced Behavior: Kelly Pittman, BA: <i>Breakout 2A Clinical Content</i>
2:30 pm to 4:00 pm	How to be an Effective Intern Supervisor: Courtney Stenseth, MSW, LICSW, LSSW & Molly Fox, MSW, LICSW, LSSW,: <i>Breakout 2B Supervision Content</i>

Interested in both sessions scheduled at the same time? No Worries! Full Conference Registrants will receive a link to *ALL* recorded sessions, available to view for 30 days post conference!



SAVE THE DATE!

(Fingers Crossed, In-Person)

MSSWA 2021 Spring Conference - April 5, 2021

Shoreview Community Center, Shoreview, MN 55126

MSSWA 2021 Summer Institute - June 14th - 16th, 2021

Chase on the Lake, Walker, MN 56484



Tuesday, October 27, 2020 8:15am—3:00pm	
8:15 am to 8:30 am	<i>Logon Opens for Session 3</i>
Session 3	
8:30 am to 10:00 am	Practical Tools for Engaging and Supporting Youth: Trauma & Substance Use: Elle Mark, BS: <i>Breakout 3A Clinical Content</i>
8:30 am to 10:00 am	Reimagining Discipline Practices: Leading with Community: Sarah Weiss, M.ED: <i>Breakout 3B</i>
10:00 am to 10:15 am	Break
SESSION 4	
10:15 am to 10:30 am	<i>Logon Opens for Session 4</i>
10:30 am to 12:00 pm	Eating Disorders in School: What You Need to Know: Melissa Adler, LICSW: <i>Breakout 4A Clinical Content</i>
10:30 am to 12:00 pm	Enhancing Student Safety During a Pandemic: Pete Singer, MSW, LICSW: <i>Breakout 4B</i>
12:00 pm to 12:45 pm	Break/Lunch on Own
SESSION 5	
12:45 pm to 1:00 pm	<i>Logon Opens for Session 5</i>
1:00 pm to 3:00 pm	Protecting Your Clients: Ethical and Regulatory Responsibilities: Megan Gallagher, J.D.: <i>Breakout 5A Ethics Content</i>
1:00 pm to 3:00 pm	Be Aware, Be Prepared and Make a Difference: A Reflective Journey to Effective and Compassionate Helping Alan O'Malley-Laursen, MSW, LICSW: <i>Breakout 5B</i>

Wednesday, October 28, 2020 8:15am—3:30pm	
8:15 am to 8:30 am	<i>Logon Opens for Session 6:</i>
SESSION 6	
8:30 am to 3:30 pm	Harry Potter and the Supervisor's Stone: Barb Stanton, PhD, LPCC, LMFT & Emily Coler Hanson, MS, LMFT: <i>Breakout 6A Supervision Content</i>
10:00 am to 12:00 pm	Must Knows For New School Social Workers: Nancy Van Horne, MSW, LICSW: <i>Breakout 1B Clinical Content</i>

Interested in both sessions scheduled at the same time? No Worries! Full Conference Registrants will receive a link to *ALL* recorded sessions, available to view for 30 days post conference!

Continuing Education

This conference is designed to meet CEU (Continuing Education Units) for social work and education. CEU certificates will be available to document participation, sent to the registered email on file within one week of the conference.



Keynote Presentation

Monday, October 26, 2020 - 8:30 am to 10:30 am

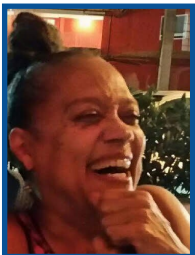
Navigating Change in Difficult Times: Having Dynamic and Authentic Conversations

Dr. Mari Ann Graham

Given the intensity and difficulty navigating current racial tensions as well as a national pandemic, this presentation will first focus on becoming grounded in Octavia Butler’s adaptive disposition toward change itself -- more important than any technique, theory or method designed to deal with change. Once participants identify the sources of their own resistance to change, they will consider how to engage in difficult conversations in more dynamic and authentic ways by using principles from Martin Buber’s classic, “I and Thou.”

Objectives:

1. Participants will understand how our orientation to change itself directly impacts (and likely complicates) how we respond to changing work environments and relationships.
2. Participants will explore the ways we can embrace change as well as deal with our resistance to it.
3. Participants will understand the difference between “I-Thou” and “I-it” relationships, and the relevance to working in a school setting.



Mari Ann Graham, Ph.D., LISW, MSW, is currently an associate professor and MSW Program Director at St. Catherine University. She has taught doctoral courses as well as MSW courses in practice, policy and research, and was the Chief Diversity Officer for the University of St. Thomas. She is known for her creative and engaging style, and for her capacity to inspire and make people think. Recent publications include work related to professional ethics, teaching and diversity.



Please remain logged in after our keynote session for our MSSWA Annual Meeting & Awards Presentation

(1 Social Work CEU for attendance)



Congratulations to our MSSWA Award Winners:

Friend of School Social Work: MN Administrators for Special Education - **President Sarah Mittelstadt & Executive Director John Klaber**

Legislator of the Year: **Representative Kelly Moller**

School Social Worker of the Year: **Tabitha Wheeler, LSW**

Career Achievement Award Winner 2020: **Kathy Kimani, MSW, LICSW**

Session 1 - Monday, October 26, 2020 - 12:00 pm to 2:00 pm

1A: Integral Ethics for School Social Workers: Mari Ann Graham, PhD, LISW, MSW

Social workers tend to “shut down” if their views diverge significantly from their clients (students and/or parents) as well as colleagues and family members. We struggle to remain true to our beliefs, to deal with our own reactivity and judgment, and to not become cynical toward others who hold differing points of view. Based on an integral ethics model, participants will explore the subtle ways we all get trapped in boxes of our own making that undermine our best intentions to actually be inclusive. Using an integral ethics framework, participants will have an opportunity to reflect on how and why we get stuck, how we can get un-stuck, and how we can engage in more authentic dialogue with less fear and more confidence. *Ethics Content*

Learning Objectives:

1. Participants will understand the integral paradigm (in general) and understand how it relates to ethical decision-making.
2. Participants will explore the implications of using integral ethics model in their practice.
3. Participants will be able to identify their “dominant hand” or preferred quadrant (of the integral model), and explore ideas for moving from quadrant to quadrant as a way of getting “unstuck” from ethical dilemmas.

1B: Igniting Social Emotional Learning Through Mindfulness and Movement: Kathy Flaminio, MSW, LGSW, L-RYT-200

“Our nervous system is the curriculum.” Explore the impact of trauma and stress using mind-body interventions. Participants will have the opportunity to experience breathing, movement and rest practices that support CASEL’s Core Social Emotional Learning (SEL) Competencies. Using a tiered system approach, experience the simplicity of integrating these practices as an intervention for all students, and specific practices to integrate into the classroom and 1:1. These breathing, movement and rest techniques foster self-awareness, self-management, responsible decision-making, social awareness, and relationship skills. *Clinical Content*

Learning Objectives:

1. Participants will create a toolkit of mindfulness and movement practices that correlate with the SEL Competencies
2. Participants will discover breathing, movement and rest interventions and sequences to increase self-awareness and self-management, improve responsible decision-making and social awareness, and strengthen relationship skills
3. Participants will explore how mindfulness and yoga-based movement impact you and your students physically, emotionally and mentally



Session 2 - Monday, October 26, 2020 - 2:30pm to 4:00pm

2A: Beyond Talk: Strategies for Calming the Brain and Trauma Induced Behavior: Kelly Pittman, BA

Trauma is often at the root of challenging behavior. Discover how electrical energies influence the brain and emotions. Learn why trauma is so complex and how to rewire the brain into a state of calm with brain-training tools and in-home strategies. *Clinical Content*

Learning Objectives:

1. Participants will understand how the brain’s electrical system functions overall in relation to it’s other processes
2. Participants will learn how the emotional and physical symptoms of trauma stress manifest, and how the brain’s electrical system responds to that stress
3. Participants will understand the impact of brain-training tools and strategies to help holistically regulate the subconscious brain, reorganizing and moving the brain out of stress mode

2B: How to be an Effective Intern Supervisor: Courtney Stenseth, MSW, LICSW, LSSW & Molly Fox, MSW, LICSW, LSSW

Have you thought about adding an intern to your school social work team? Have you wondered what it all involves, what is required, and the challenges and value it would add to your own practice? We are here to give you these answers and more. This training is intended for people who are considering an intern and/or are still new to the supervisory role of having an intern.

Supervision Content

Learning Objectives:

1. Participants will be able to understand the value and challenges around accepting an intern
2. Participants will learn how to successfully orient interns to the school environment
3. Participants will learn how to foster a safe and supportive supervisory relationship with interns



Session 3 - Tuesday, October 27, 2020 - 8:30 am to 10:00 am

3A: Practical Tools for Engaging and Supporting Youth: Trauma & Substance Use: Elle Mark, BS

“Practical tools for engaging and supporting youth: Trauma and Substance Use” is designed to equip and educate professionals on the latest substance use trends and provide evidence-informed approaches to supporting Generation Z. Receive practical tools and resources for supporting youth in building a sense of safety, trust, control, and self-esteem. Topics covered include; trauma informed care, replacement behaviors and effective prevention. This training will provide practical tools for professionals working to reduce risk factors and enhance protective factors in order to save lives and build safer, stronger communities. *Clinical Content*

Learning Objectives:

1. Participants will be educated on current drug trends and ways to address underlying issues of use
2. Participants will learn practical tools to intervene and support youth in handling past trauma
3. Participants will be provided insight into a multi-cultural and collaborative approach to prevention

3B: Reimagining Discipline Practices: Leading with Community: Sarah Weiss, M. ED.

It’s time to address discipline disparities due to decision-making based on implicit bias. As our mindsets and practices evolve, it is essential that schools reimagine their code of conduct to ensure it centers discipline practices as pathways to model, teach and reinforce positive behavior across the school community. This session will help school social workers build capacity and secure resources they need to lead their school or district in a process to reimagine their discipline practices and procedures to reflect the values and needs of the community and operationalize the use of restorative, supportive and accountable discipline framework.

Learning Objectives:

1. Participants will learn about the critical elements of a supportive, restorative and accountable discipline framework
2. Participants will explore a systematic yet flexible framework they can use to review and revise their school or districts discipline procedures
3. Participants will have opportunities to reflect on values, beliefs, and mindsets necessary to promote a restorative, supportive and accountable orientation to the revised code and discipline practices more broadly

Session 4 - Tuesday, October 27, 2020 - 10:30 am to 12:00 pm

4A: Eating Disorders in School: What You Need to Know: Melissa Adler, LICSW

In this session with a Melrose Center eating disorder therapist, you will learn more about eating disorders, their signs and symptoms and how to talk to students and families when you have concerns. You will also receive an eating disorders school toolkit to share with your colleagues and be prepared to support students who are receiving treatment. *Clinical content*

Learning Objectives:

1. Participants will be able to identify eating disorder warning signs and symptoms
2. Participants will learn to dialogue effectively about eating disorder concerns with students and parents
3. Participants will use the eating disorder toolkit and develop supportive processes for kids/teens receiving treatment

4B: Enhancing Student Safety During a Pandemic: Pete Singer, MSW, LICSW

COVID-19 altered how students, families and schools interact. Social distancing and closures increased isolation and stress. Child protection professionals warned that these factors could increase risk of child maltreatment and exploitation while making assessment, reporting and support more difficult. This presentation develops a baseline understanding of COVID-19's impact on students and families. It explores how schools can enhance student safety and support families during distance learning and as in-person learning returns, bringing a potential surge in maltreatment reports. It concludes with additional resources to assist schools in caring for staff, students and families.

Learning Objectives:

1. Participants will develop a background understanding of the impact of COVID-19 and Distance Learning on children and families
2. Participants will cultivate a plan to protect students and families by addressing emotional/behavioral health needs
3. Participants will learn how to enhance efforts to protect students and families by addressing safety needs



Session 5 - Tuesday, October 29, 2019 - 1:15 pm to 3:15 pm

5A: Protecting Your Clients: Ethical and Regulatory Responsibilities: Megan Gallagher, J.D.

“I would never do that.” “I didn’t know that.” “That won’t happen to me.” All social workers will face ethical dilemmas throughout their careers. Even the most seasoned professionals can make serious mistakes that cause real client harm. Learn how to identify ethical dilemmas and incorporate Minnesota Board of Social Work regulations into ethical social work practice through examples of regulatory violations. *Ethics Content*

Learning Objectives:

1. Participants will understand the role of the Board and distinguish between the Board and Professional Associations
2. Participants will understand the compliant resolution process and the role of Board members
3. Participants will recognize common ethical pitfalls and be able to incorporate Board regulations into social work practice

5B: Be Aware, Be Prepared and Make a Difference: A Reflective Journey to Effective and Compassionate Helping: Alan O'Malley-Laursen, MSW, LICSW

Ongoing exposure to individuals experiencing trauma, pain and suffering can adversely influence our personal and professional well-being, as well as negatively impact our effectiveness as helping professionals. After a brief examination of the emotional impact that this work has on us, this unique workshop integrates short presentation, topic-specific live music and personal reflection to explore 5 specific skills that are necessary to effective and compassionate helping, even in the midst of these emotional challenges. These skills include self-awareness, self-regulation, emotional reflection, radical compassion and compassion satisfaction. It is the intention of this workshop to provide affirmation, reflection and inspiration. *Clinical content*

Learning Objectives:

1. Participants will experience validation and have additional language for the personal struggles in being a helping professional
2. Participants will have an in-depth understanding of five critical skills for effective helping
3. Participants will leave with an enhanced sense of hopefulness and inspiration regarding their professional work



Session 6 - Wednesday, October 28, 2020 - 8:30 am to 3:30 pm

6A: Harry Potter and the Supervisor's Stone: Barb Stanton, PhD, LPCC, LMFT & Emily Coler Hanson, MS, LMFT

This presentation looks at the development of a clinician and the journey it takes to become a supervisor, particularly when your supervisees are at different places in their careers (graduate interns, those pursuing licensure and licensed clinicians). Defense against the Dark Arts (aka Ethics) will be discussed along with advice from Hermione (state laws vs. rules and regulations). Despite the clever title of this presentation, the presenters understand supervision is a significant and important part of the profession and will do their best to make it interesting and fun. *Supervision Content - Fulfills renewal license requirement!*

Learning Objectives:

1. Participants will differentiate different supervision styles based on supervisee experience and needs
2. Participants will understand the value of participating in youth special interests as a part of supervision
3. Participants will develop additional skills for supervising diverse populations of supervisee
4. Participants will review laws, ethics and policy regarding supervision
5. Participants may enjoy a long presentation on supervision

6B: Must Knows For New School Social Workers: Nancy Van Horne, MSW, LICSW

This workshop will explore the many facets of being a K-12 licensed social worker. We wear many hats on a daily basis, from crisis intervention to response to intervention. The role of the School Social Worker is a vital component of the school community. Ms. Van Horne will give an overview of multiple areas that a new School Social Worker would need to know about, as well as a student who may be exploring the career of School Social Worker. Time will be given for Q&A. *Great Opportunity for New School Social Workers!*

Mail your registration and payment (payable to MSSWA) to:
Dan Porter/Tony Porter
 762 Meyer Street N, Maplewood, MN 55119
 (612) 803-2722 - mplstonyjoel@gmail.com

Payment: Checks and purchase orders must be made payable to MSSWA. Your registration monies must be received by Oct 21st to receive a link to sessions.

A confirmation e-mail will be sent when registration is received. Please make a COPY of this registration for your own records.

Minnesota School Social Workers Association - 2020 Fall Conference - Registration Form & Payment

Name: _____ E-Mail: _____

Address: _____ City: _____

State: _____ Zip: _____ Phone: _____ School District: _____

IMPORTANT!! You Must indicate your Session Number Choices Below: (We will be unable to change your session, but recordings of all sessions will be available to you following the conference)

Day 1 (Monday): Session #1 _____ Session #2 _____

Day 2 (Tuesday): Session #3 _____ Session #4 _____ Session #5 _____

Day 3 (Wednesday): Session #6 _____

Selection	Price	CONFERENCE FEES
	\$165	<i>EARLY BIRD</i> (By Oct 1st) Full Conference MSSWA Member (Earn up to 28 CEU's)
	\$230	<i>EARLY BIRD</i> (By Oct 1st) Full Conference <i>Non-Member</i> (Includes MSSWA Membership & up to 28 CEU's)
	\$190	FULL CONFERENCE MSSWA Member (Earn up to 28 CEU's)
	\$255	Full CONFERENCE <i>Non-Member</i> (Includes MSSWA Membership & up to 28 CEU's)
	\$65	Full Conference Student/Board/Retired Rate (students must attach copy of school ID to registration) (Rate available until Oct 1st. Up to 28 CEU's)
	\$115	One Day Rate, Monday, MSSWA Member (Up to 10 CEU's)
	\$150	One Day Rate, Monday, <i>Non-Member</i> (Up to 10 CEU's) <i>No Membership Incl.</i>
	\$115	One Day Rate, Tuesday, MSSWA Member (Up to 10 CEU's)
	\$150	One Day Rate, Tuesday, <i>Non-Member</i> (Up to 10 CEU's) <i>No Membership Incl.</i>
	\$115	One Day Rate, Wednesday, MSSWA Member (Up to 8 CEU's)
	\$150	One Day Rate, Wednesday, <i>Non-Member</i> (Up to 8 CEU's) <i>No Membership Incl.</i>
	\$200	School Psychologists/Related Services Full Conference - <u>Non-School Social Workers Only</u> (Up to 28 CEU's) <i>No Membership Incl.</i>
	\$50	LATE FEE - Assessed after Oct 21st
	\$ _____	TOTAL AMOUNT ENCLOSED (Early bird pricing not accepted unless payment is included with registration and paid prior to deadline noted above)



Registration can now be made ONLINE Visit: <http://msswa.org/event-3800627> to register and pay online by credit card, or from the msswa.org main page click on "Welcome", and then "Upcoming Events-

Cancellation Policy: Conference registration fees minus a \$50 administration fee per registration will be refunded if cancellation is made in writing to mplstonyjoel@gmail.com by Oct 9, 2020, but registration can be transferred to another attendee, without a fee. No refunds after Oct , 2020.